

ISE | SENIOR 50+

Discover Ireland



**Small groups. Personal attention.
Authentic Irish experiences.**



Authentic Irish experiences.

An aerial photograph of Christ Church in Dublin, Ireland. The image shows the large, historic stone church with its prominent spire, surrounded by a lush green courtyard. A winding path cuts through the lawn, and a small fountain is visible in the lower right. People are seen walking and sitting on the grass, and modern city buildings are visible in the background.

**Welcome to
Dublin - Ireland**

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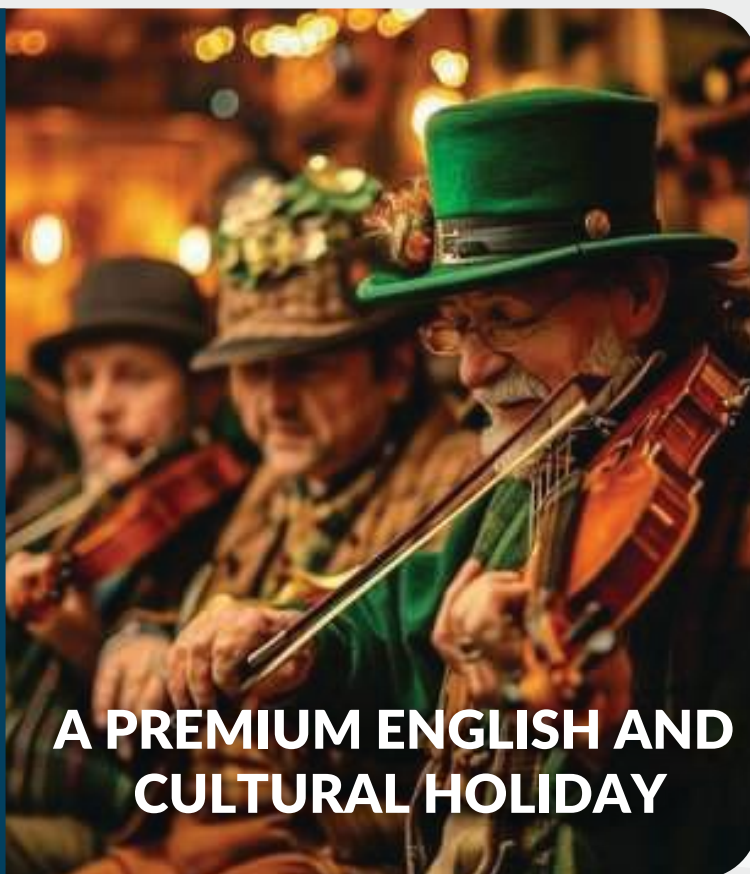
Experience Ireland Beyond the Classroom



Discover Ireland through its people, history, traditions, cuisine and language.

The ISE Discover Ireland 50+ Programme is a premium English and cultural holiday designed exclusively for mature learners who want to improve their English while experiencing authentic Irish life.

Each morning builds confidence through practical communication classes. Each afternoon brings carefully curated cultural experiences across Dublin and its surroundings – from medieval history and literature to coastal villages, traditional music and Irish gastronomy.



A PREMIUM ENGLISH AND CULTURAL HOLIDAY

Programme Overview

Location	Dublin, Ireland
Minimum Age	50+
English Level	A2 (Pre-Intermediate) – B2 (Upper-Intermediate)
Course	General English
Lessons	15 hours per week
Schedule	Monday – Friday • 09:00–12:15
Class Size	Maximum 15 students
Duration	1 week • additional weeks available

Ideal For

Independent travellers

- Couples
- Friends travelling together
- Empty nesters
- Retired professionals





15h General English
each week

English Course

The programme includes 15 hours of General English each week in classes designed exclusively for participants aged 50+.

Lessons are designed specifically for mature learners and focus on practical communication, fluency and confidence in everyday situations. Topics include travel, Irish culture, local customs, current affairs and social interaction, encouraging students to use English both inside and outside the classroom.

Participants are normally placed in dedicated 50+ classes, creating a relaxed learning environment alongside fellow mature travellers.

If a participant's English level is not suitable for the dedicated group, they may join one of ISE's international General English classes at the appropriate level, ensuring the best possible learning experience.

Your Welcome Pack

Every participant receives an ISE Welcome Pack including:

- ▶ ISE Tote Bag
- ▶ Reusable Water Bottle
- ▶ Dublin City Map
- ▶ Weekly Activity Programme
- ▶ Notebook & Pen
- ▶ Emergency Contact Card
- ▶ Local Recommendations



Your Activity Leader



Throughout the programme, participants are accompanied by a dedicated ISE Activity Leader who provides local knowledge, practical assistance and friendly support during excursions and social activities. From the welcome coffee to the farewell, your Activity Leader helps ensure a smooth, enjoyable and memorable experience.

What's Included

- ✓ 15 hours of General English tuition
- ✓ Dedicated 50+ English classes
- ✓ Afternoon cultural experiences
- ✓ Evening social programme
- ✓ Saturday full-day excursion
- ✓ Welcome Pack
- ✓ Dedicated Activity Leader
- ✓ Entrance fees to all scheduled attractions
- ✓ Course materials
- ✓ Certificate of Attendance

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2027 Programme Dates

Additional departure dates are available for private groups.

WINTER

13-20
February

SPRING

15-22
May

SUMMER

24-31
July

AUTUMN

3-10
October

2027 Programme Fees

1 Week Programme

€975

English + culture + Saturday excursion

Additional Week

€890

Extend the experience at the same premium level

Fee Includes

- ✓ English course
- ✓ Cultural & social programme
- ✓ Saturday excursion
- ✓ Welcome Pack
- ✓ Activity Leader
- ✓ Entrance fees
- ✓ Course materials
- ✓ Certificate

Optional Extras

Airport Transfer - €100 One Way

Leap Card - €30/Week

Host Family - €390/Week • Single Hal Boardf

Accommodation is not included. Selected city-centre hotel recommendations and booking assistance are available on request.

ISE can recommend carefully selected city-centre hotels within walking distance of the school and provide booking assistance upon request.

Why Choose ISE Discover Ireland 50+?

● LEARN

Improve your English in dedicated classes designed specifically for mature learners.

● DISCOVER

Explore Ireland's rich history, heritage and culture through carefully selected experiences.

● TASTE

Enjoy authentic Irish flavours, traditional hospitality and memorable culinary experiences.

● CONNECT

Meet like-minded travellers from around the world while sharing unforgettable experiences.

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Weekly Experience Programme

Day	Morning	Afternoon	Evening
Sun	Arrival	Free time to settle in and explore Dublin	—
Mon	Welcome Coffee & Meet Your Activity Leader General English	Dublin City Centre Walking Tour, EPIC – The Irish Emigration Museum & Jeanie Johnston Famine Ship	Free Evening – Discover Dublin's restaurants & cafés
Tue	General English	Trinity College & the Book of Kells	Celtic Nights – Traditional Irish music, dance & dinner show
Wed	General English	Phoenix Park Walking Tour & Guinness Storehouse Experience	The Dublin Literary Pub Crawl
Thu	General English	St Patrick's Cathedral & Dublinia	Traditional Irish Music Session in Temple Bar
Fri	General English	English for Confident Travellers	Howth Coastal Visit & Irish Culinary Experience at Howth Castle
Sat	Full-Day Excursion: •Wicklow Mountains •Glendalough •Medieval Kilkenny	Free Evening – Explore Dublin at your own pace	—
Sun	Departure	—	—

Important Information

- ▶ The programme is guaranteed with a minimum of six participants.
- ▶ Private departures and customised dates are available for groups of 6 or more participants.
- ▶ Accommodation, transportation and meals (unless otherwise stated) are not included.
- ▶ **Please note:** The social activity programme is subject to change due to availability, weather conditions or circumstances beyond our control. Whenever possible, alternative activities of a similar quality and cultural value will be provided.





More Than an English Course

This programme is designed for travellers who want more than sightseeing. It is an opportunity to improve your English naturally, build international friendships and experience Ireland through authentic local culture.

Whether you are travelling alone, with your partner or with friends, ISE Discover Ireland 50+ offers the perfect balance between learning, leisure and meaningful cultural experiences.

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READY TO DISCOVER IRELAND?

Bookings, availability & customised group programmes

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A proud member of
ELE IRELAND
English Language Education



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