



ISE



Speak a
New Language,
Make Unforgettable

Memories!

WELCOME TO ISE



Darragh Price

CEO / Director of Operations

Everyone at ISE Ireland is eagerly anticipating the opportunity to welcome you to Dublin for an unforgettable educational experience.

Your decision to join ISE and fulfill your dreams of learning English in Dublin energizes everyone at ISE to provide the best English Language Course possible. We take great pride in your choice to study with us and are committed to exceeding all your expectations during your time at ISE. Throughout your studies, you will have the chance to not only learn and perfect the English Language but also immerse yourself in the rich culture Ireland offers. This enriching experience will be facilitated by our highly experienced teaching staff and our dynamic social activity calendar.

Thank you for choosing ISE. We look forward to enhancing your educational journey and I am personally excited to meet all of you during your stay with us.

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@ISEIreland



@iseireland

WHY STUDY AT ISE?

- Since 1997, we have been providing English courses of the highest standard.
- Professional and friendly: our teachers and staff genuinely care about you.
- Experienced teachers with internationally recognised qualifications.
- An accredited organisation, ISE is a school you can trust.
- Modern, fully equipped classrooms.
- Student accommodation with single, double, and shared rooms.
- Support to help you achieve your English and career goals.
- Extra classes and cultural activities.
- Jobs Club offering professional and career guidance.
- Course books provided in class and rotated every 12 weeks.



Erasmus+

Recognised by ACELS, a service of Quality and Qualifications Ireland, for English language teaching (ELLT)

ISE HARCOURT DUBLIN

In a very central location on the south side of the city, our Harcourt Street premises are situated across the road from the Iveagh Gardens, just a few minutes from the legendary St Stephen's Green, and only a short walk from Grafton Street – the city's best-known shopping boulevard, immortalised in the song Raglan Road by The Dubliners and renowned for its street buskers. In addition to local bus services, the Luas (tram) stop is conveniently located on Harcourt Street, while Pearse Street and Tara Street train stations are about 20 minutes away. Students can choose from the many restaurants, cafés, and pubs in the area.

MORNING CLASSES

AM: 09:00–12:15
(Mon–Fri)

AFTERNOON CLASSES

PM: 13:00–17:00
(Mon–Thu)

16

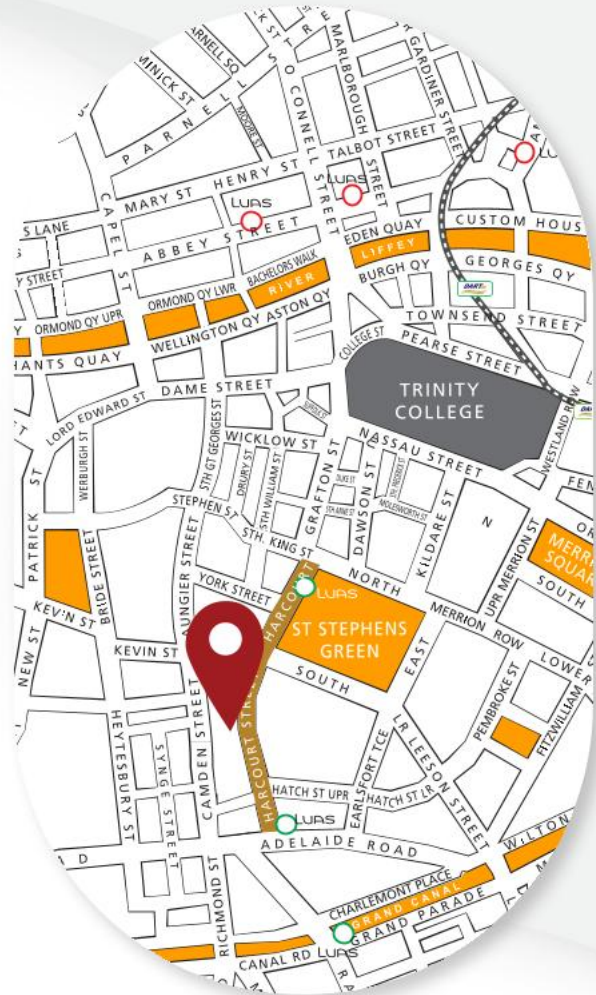
Minimum
Age

14

Average
Class Size
(Max 15)

7

Levels of English
Elementary to
Advanced



**26 HARCOURT ST,
D2, DUBLIN, IRELAND**





WHAT DUBLIN HAS TO OFFER

WHY DUBLIN?

- A vibrant, cosmopolitan city where modern life meets rich history.
- Exciting nightlife with pubs, bars, live music, and theatres.
- A diverse food scene for all tastes.
- Cultural landmarks such as Trinity College and Dublin Castle.
- Renowned theatres, museums, and galleries.
- Easy access with excellent public transport.
- A global hub for business, education, and international culture.
- Nearby parks like Phoenix Park (over 1,750 acres) and coastal areas for relaxation.
- Beautiful beaches and coastal trails for outdoor activities.
- Founded by Vikings: established around 841 AD; rich Norse history.

FUN FACTS ABOUT DUBLIN

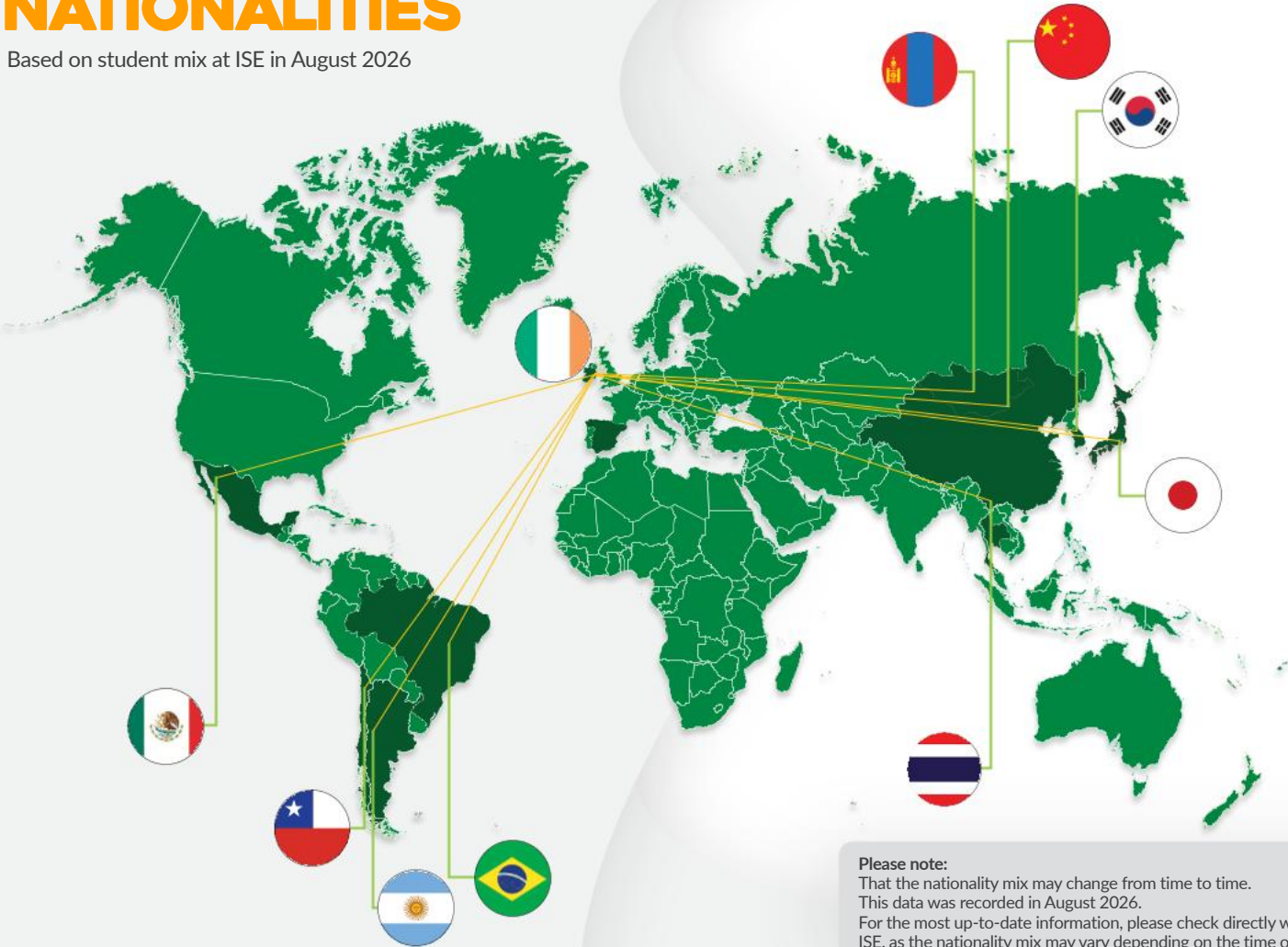
- Dublin: Capital and largest city of Ireland (population over 1.2 million).
- River Liffey: Divides the city into north and south.
- Trinity College: Founded in 1592, home to the famous Book of Kells.
- The Spire of Dublin: The world's tallest sculpture at 120 metres.
- Phoenix Park: One of Europe's largest city parks (over 1,750 acres).
- Founded by Vikings: Established around 841 AD, with a rich Norse history.
- UNESCO City of Literature: Home to literary figures such as James Joyce and Oscar Wilde.



DUBLIN, KNOWN AS THE 'SILICON DOCKS,' HOSTS EUROPEAN HQS OF TECH GIANTS LIKE GOOGLE, FACEBOOK, & MICROSOFT.

TOP 10 NATIONALITIES

Based on student mix at ISE in August 2026



Please note:
That the nationality mix may change from time to time.
This data was recorded in August 2026.
For the most up-to-date information, please check directly with
ISE, as the nationality mix may vary depending on the time of year.



A SCHOOL THAT CARES ABOUT YOU AND YOUR LEARNING

The International School of English is a high-quality school dedicated to delivering the highest educational standards in International student care. It has been operating successfully since 1997. We are a dedicated Student Management team who pride ourselves on making your experience memorable and worthwhile whilst achieving your personal student goals. Our experienced and qualified teachers ensure a friendly and professional language learning experience. Lessons are lively and communicative, helping you to progress and develop your English language skills. Students are given weekly progress tests to monitor progress, and tutorials every 6 weeks to assess development and offer suggestions on how to improve.

COURSES AVAILABLE

- General English 15 hours
- Semi Intensive General English 20 hours
- Intensive General English 30 hours
- Conversation Classes
- One to One





CHOOSE YOUR COURSE

**GENERAL ENGLISH
+ TRINITY, CAMBRIDGE
OR IELTS PREPARATION**

15 hours

**SEMI-INTENSIVE
GENERAL ENGLISH
+ TRINITY, CAMBRIDGE
OR IELTS PREPARATION**

20 hours

**INTENSIVE
GENERAL ENGLISH
+ TRINITY, CAMBRIDGE
OR IELTS PREPARATION**

30 hours

**ONE TO
ONE**

GENERAL ENGLISH + TRINITY, CAMBRIDGE OR IELTS PREPARATION

15 hours

Course Code: GE15

COURSE DATES

Every Monday

COURSE LEVELS

Beginner (A1)
to Advanced (C1)

AVERAGE CLASS SIZE

12 (15 max)

MINIMUM COURSE LENGTH

1 week

Students are taught new language structures and vocabulary, and develop their speaking, listening, reading and writing skills through engaging classroom activities applicable to real-life situations. Students are encouraged to work together in pairs and groups to ensure classes are dynamic, interactive and collaborative.

3

Hours
per day

15

Hours
per week

Reading, Writing, Speaking,
Listening, Grammar,
Vocabulary and Pronunciation

Beginner, Elementary, Pre-intermediate,
Intermediate, Intermediate Plus,
Upper-intermediate and Advanced

DAILY SCHEDULE

Monday to Friday

- Morning session - 9:00 to 12:15

Monday to Thursday

- Afternoon session - 13:00 to 17:00
Only Harcourt

INCLUDED

- Online Placement Test
- Social & Cultural Programme
- Internet Access

Exam preparation is included in the General English course programme:

- Students from Elementary to Intermediate level receive 4 to 6 hours of Trinity ISE exam preparation per week.
- Upper-intermediate and Advanced students receive 3 hours of FCE, CAE or IELTS preparation in class every week.



**COURSE BOOK SERIES
AND THE CEFR
ALIGNED CURRICULUM.**

SEMI-INTENSIVE GENERAL ENGLISH + TRINITY, CAMBRIDGE OR IELTS PREPARATION

20 hours

Course Code: GE20

COURSE DATES

Every Monday

COURSE LEVELS

Beginner (A1)
to Advanced (C1)

AVERAGE CLASS SIZE

12 (15 max)

MINIMUM COURSE LENGTH

1 week

Students follow the General English and Final Exam Preparation programme for 15 hours per week. In addition, they receive 5 hours per week of conversation classes. The conversation classes offer a strong supplement to the regular General English programme by reinforcing fluency and speaking skills. Students get a chance to discuss topics of interest to them, learn idiomatic expressions and practise conversing naturally in English, whilst benefiting from error correction in context.

3+1
Hours
per day

20
Hours
per week

Reading, Writing, Speaking, Listening,
Grammar, Vocabulary, Pronunciation
+ Conversation

Beginner, Elementary, Pre-intermediate,
Intermediate, Intermediate Plus,
Upper-intermediate and Advanced

DAILY SCHEDULE

Monday to Friday

- Morning session - 9:00 to 12:15
- Conversation Class - 12:30 to 13:30

20 hours is available only in the morning

INCLUDED

- Online Placement Test
- Social & Cultural Programme
- Internet Access

Exam preparation is included in the General English course programme:

- Students from Elementary to Intermediate level receive 4 to 6 hours of Trinity ISE exam preparation per week.
- Upper-intermediate and Advanced students receive 3 hours of FCE, CAE or IELTS preparation in class every week.



**COURSE BOOK SERIES
AND THE CEFR
ALIGNED CURRICULUM.**

INTENSIVE GENERAL ENGLISH + TRINITY, CAMBRIDGE OR IELTS PREPARATION

30 hours

Course Code: GE30

COURSE DATES

Every Monday

COURSE LEVELS

Beginner (A1)
to Advanced (C1)

AVERAGE CLASS SIZE

12 (15 max)

MINIMUM COURSE LENGTH

3 months
+ 3 months

Our intensive 30-hour course consists of 3 hours of General English in the morning, and 3 hours of General English in the afternoon. It is designed for students who are highly motivated and wish to turbocharge their English language learning and make substantial progress at a faster rate. Our rotating textbook system means that students will study with a different textbook in the morning and in the afternoon. The intensive course implements the same communicative and collaborative methodology and includes twice as much as exam preparation.

3+3
Hours
per day

30
Hours
per week

Reading, Writing, Speaking, Listening,
Grammar, Vocabulary, Pronunciation

Beginner, Elementary, Pre-intermediate,
Intermediate, Intermediate Plus,
Upper-intermediate and Advanced

DAILY SCHEDULE

Monday to Friday

- Morning session - 9:00 to 12:15

Monday to Thursday

- Afternoon session - 13:00 to 17:00
Only Harcourt

INCLUDED

- Online Placement Test
- Social & Cultural Programme
- Internet Access

Exam preparation is included in the General English course programme:

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**COURSE BOOK SERIES
AND THE CEFR
ALIGNED CURRICULUM.**

ONE TO ONE

HOURS PER WEEK

up to 15 hours

DAILY SCHEDULE

At a time that
suits you

We offer private tuition of up to 15 hours per week which can also be combined with other courses. You will be asked to complete a Placement Test and Needs Analysis prior to beginning your course so an individual bespoke course can be designed to suit your exact learning requirements. It is the perfect option if you have specific targets or limited time.



OUR ACADEMIC METHODOLOGY INCLUDES

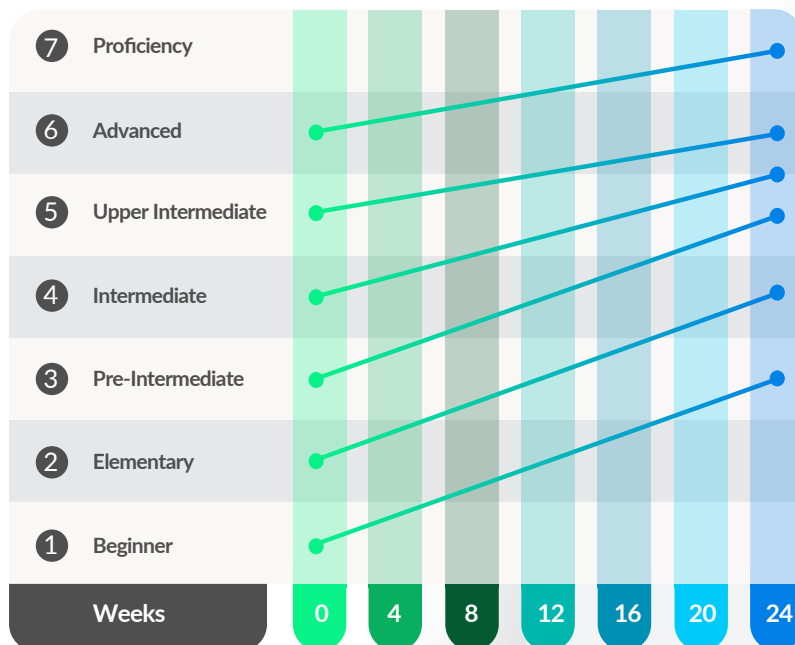
EXCURSIONS & CULTURE CLASSES

Our teachers take their students out on a cultural visit at least once every two months. They take advantage of the school's central location by taking their classes out to Dublin's famous museums, art galleries, parks and gardens.

On field trips as well as in class, ISE courses focus on English in real-life, Irish and global contexts.

STUDENT PROGRESS

The above graph shows the recommended rate of progression for each level. Our teachers are here to support students with their progress and provide extra assistance to students at risk of not achieving their learning outcomes.



COURSE STRUCTURE

	9:00 to 12:15	12:30 to 13:30	13:00 to 17:00
Mon	Focus on General English: Grammar, Vocabulary, Pronunciation + Language Skills: Speaking, Listening, Reading and Writing.	Conversation Class	Focus on General English: Grammar, Vocabulary, Pronunciation + Language Skills: Speaking, Listening, Reading and Writing.
Tue			
Wed			
Thu	Exam Preparation		Exam Preparation
Fri	Revision, Progress Test, Marking and Fluency Practice/ Games		

Sample
week

ISE courses also include a weekly focus on Real-life English + a monthly focus on Irish and World Culture.

English for Specific Purposes Learners who require English to further their careers can avail of courses tailored for specific industries.

Group classes last for three hours, in language development classes students focus on areas such as grammar, vocabulary and pronunciation.

In our Conversation lessons, we focus on developing your skills and vocabulary through speaking and listening. In our Conversation Classes, you will:

- Take part in question-and-answer sessions with your teacher on a variety of topics
- Get lots of practice in forming and asking your own questions
- Have lots of chances to discuss issues with your classmates
- Have lots of chances to learn new vocabulary as you speak"

Social Programme Learners are encouraged to participate in a broad range of social activities they are ideal opportunities to use your newfound skills, whilst meeting new people and having fun.

STUDENT FEEDBACK

At ISE, we value our students' feedback, which helps us improve our services. We ask for feedback in several ways:

MEETINGS WITH THE ACADEMIC MANAGER

Students have the opportunity to give feedback on ISE's programmes directly to the Academic Manager.

After the meeting, the Academic Manager will work on resolving the issues raised and will write a report addressing every point brought up by the students. The Academic Office operates an open-door policy, so students can approach a member of the academic management team at any time.

TUTORIALS

In the one-to-one tutorial sessions with their teacher, students have yet another opportunity to make their voices heard: they can inform their teacher directly about what is working for them, what they are struggling with, and what they would like to focus on more in class.

STUDENT FEEDBACK FORMS

**New students (in week 1), all students (at any time)
& finished students (at the end of their course).**

At induction, new students are given a feedback form to complete at the end of their first week at ISE. This allows us to check if our new students are happy with their class, their level, the amount of support and information they have received, as well as their accommodation. If anyone is experiencing difficulties, we can offer immediate help and support where needed.

We also invite our students to share their feedback at any time during their course using the General Feedback form. This helps us monitor student satisfaction and respond to any issues as quickly as possible.

Finally, when students complete their course, we ask for their feedback so we can continue to improve our programmes and services, taking our students' suggestions on board.

ISE CONTINUOUS LEVEL & PROGRESS ASSESSMENT

1 STEP **ONLINE PLACEMENT TEST**

Prior to the start of your classes, your level will be assessed as per the CEFR (the Common European Framework of Reference for Languages). This assessment consists of an online, multiple-choice written test, assessing your reading comprehension, vocabulary and grammatical knowledge; followed by a speaking test to assess your speaking and listening skills. Our rigorous placement testing procedure ensures that students are placed in the correct level at the start of their course.

2 STEP **PROGRESS TESTS**

As part of our continuous assessment programme, students take a progress test every Friday. Test results are saved on the school system, and students are able to keep track of their own progress online. The test is followed by a revision session, giving students the opportunity to get feedback on their answers as well as additional error correction, explanation and reinforcement.

3 STEP **LEVEL CHANGES**

Based primarily on teacher recommendations, level changes are overseen by ISE's academic management team. Students also have the option of taking a level test to assess if they are ready to progress to the next level.

4 STEP **TUTORIALS**

Tutorials are an opportunity for our students to self-reflect on their progress so far and interact with their teacher on a one-to-one basis about how they are getting on. During the tutorial sessions, teachers will assess each student's progress and development in relation to the overall course learning outcomes and make suggestions on how they can improve.



INTERNSHIP

**MINIMUM LEVEL
OF ENGLISH**

Intermediate (B1)

**AVAILABLE
FOR**

EU students

**MINIMUM
AGE**

21

ISE offers a work-study programme combining English classes with an unpaid Internship placement lasting 8 weeks or more.

Before you even arrive in Ireland, ISE makes all the necessary arrangements for a Internship placement suited to your specific needs, taking into consideration your professional background, qualifications, work experience, English level, age as well as the duration of your stay. The Internship must be combined with any English course.

Minimum course duration for unpaid Internship placements:

4 weeks, followed by a minimum of 8 weeks' unpaid placement.

**INTERNSHIP PLACEMENT IN A
WIDE RANGE OF FIELDS:**

- Hospitality and Tourism
- Secretarial and Office
- Administration
- Business Services
- Sport and Leisure
- Retail
- Environment
- Finance
- IT / Computing
- Culture and Heritage

**BENEFITS OF THIS
PROGRAMME:**

- 20 English hours per week
- 20 to 40 hours work per week
- A certificate of achievement
- A skills assessment Certificate
- A reference letter

*This programme is not recognised by ACELS

TRINITY'S INTEGRATED SKILLS IN ENGLISH (ISE)

TRINITY
COLLEGE LONDON
Registered Exam Centre 61586

Trinity's Integrated Skills in English (ISE) is a contemporary four skills qualification intended for young people and adults – typically at school, college or university. It is also suitable for teachers and other adults who require a respected English language qualification.

ISE assesses students' ability to interact in English in an authentic and meaningful way through the use of integrated reading and writing tasks and integrated speaking and listening tasks. Preparing for ISE builds real-life English skills and transferable skills required for academic study and employability.

OVERVIEW & RESOURCES

There are two exam modules:

Reading & Writing and Speaking & Listening.

The exam modules can be taken together, or at different times, when students are ready. Students must pass both modules to gain an ISE qualification.

ISE is available at five levels from A2 to C1 on the Common European Framework (CEFR), so there is a level for every learner.

WHAT IS THE TRINITY ISE EXAM?

The Integrated Skills in English (ISE) exam is an international English language test offered by Trinity College London. Trinity ISE tests all four English language skills – speaking, listening, reading and writing.

The ISE exam is a widely recognized test worldwide.

The exam tests your ability to interact in English through integrated reading & writing tasks and integrated speaking & listening tasks. Preparing for ISE helps you build real-life English and transferable skills which are required for academic study and employability.

YOU CAN TAKE THE TRINITY ISE EXAM AT



USEFUL INFORMATION

ISE POLICY

All registered English language Stamp 2 study visa learners are required to take an external examination to verify their learning. Our courses include some exam preparation so that students can prepare for the exams.

It is the student's responsibility to choose which exam to take and when they are going to take the exam, and it is very important that students inform our Exams Administrator well in advance so this can be organised.

ISE is a test centre for the Trinity ISE exams. Students can choose to take the Trinity ISE exam for their level (from Foundation (A2) to ISE III (C1)). Alternatively, students can choose to take the FCE (First Certificate in English), CAE (Certificate in Advanced English) or IELTS (International English Language Testing System) exam off-site.

PLACEMENT TEST

- All students are given an online placement test before starting their course to make sure they start at the correct level.

The test should be completed the week before the start of the course. A link will be provided to schedule a test once the course is booked. A student can not start classes until the test is completed.

- International student documents as proof of booking will be issued 5-7 days from start date.
- For Non-EEA Students - all documents for IRP application will only be issued once the student has started their course.

IRELAND PUBLIC HOLIDAYS & SCHOOL CHRISTMAS BREAK

2026

- **October Bank Holiday:** Monday, 26 October 2026
- **Christmas Day:** Friday, 25 December 2026
- **St. Stephen's Day:** Saturday, 26 December 2026
- **Last day of classes:** Friday, 18 December 2026
- **School Christmas Break:** 19 December 2026 – 3 January 2027
- **Classes resume:** Monday, 4 January 2027

2027

- **New Year's Day:** Friday, 1 January 2027
- **St. Brigid's Day:** Monday, 1 February 2027
- **St. Patrick's Day:** Wednesday, 17 March 2027
- **Easter Monday:** Monday, 29 March 2027
- **May Day:** Monday, 3 May 2027
- **June Bank Holiday:** Monday, 7 June 2027
- **August Bank Holiday:** Monday, 2 August 2027
- **October Bank Holiday:** Monday, 25 October 2027
- **Christmas Day:** Saturday, 25 December 2027
- **St. Stephen's Day:** Sunday, 26 December 2027
- **Last day of classes:** Friday, 17 December 2027
- **School Christmas Break:**
18 December 2027 – 2 January 2028
- **Classes resume:** Monday, 3 January 2028

EXAMINATION / EXAM BODY REGISTRATION

- | | |
|--------------------------|---------|
| • Trinity ISE Foundation | • FCE |
| • Trinity ISE I | • CAE |
| • Trinity ISE II | • IELTS |
| • Trinity ISE III | |

STUDENT WELFARE

Student Services is dedicated to ensuring each student attending ISE Ireland is aware of the resources the school offers through their department. This includes college and career counselling, academic assistance, student activities that incorporate speaking and listening, exam workshop, and health insurance assistance. We understand our students are far from home and strive to ensure that they are well taken care of while attending ISE Ireland. It is our goal to make every student feel like a member of the ISE Ireland family and to be successful in each aspect of their learning experience.

CENTRE MANAGER AT YOUR SERVICE

Our Centre Manager will welcome you to ISE and will be there to help you during your time at the school. Our Centre Manager will be your first contact when you arrive. Afterwards, you will be given an Induction. Our Centre Manager will provide you with the necessary letters you need to open a bank account and go to GNIB. You will find our Centre Manager in our school's reception area - always happy to help you with your queries and offer advice and guidance.

- A warm welcome, induction and orientation
- Placement test and assessment
- An introduction to our team and students
- Information on ISE, the school, areas of interest and our facilities
- Free Wi-Fi
- Dedicated 24 hour emergency line
- An exciting and active social programme so you can make new friends



ACCOMMODATION

STUDENT RESIDENCE

Our houses are intended for individuals who really want to enjoy the student accommodation experience. All of our residences are located in safe areas of the city and most of them are close to the College. These residences are well equipped with all standard conveniences such as washing machine, dishwasher, microwave, cooker and central heating. Free broadband Internet access. Our student residences are outsourced.

• Distance from School

Our accommodation is located in different areas across Dublin. Most residences are within walking distance of public transport, providing convenient access to the school.

The average journey time to ISE is up to 45 minutes by public transport, although some accommodation may be located further away depending on availability and individual placement.

Please note that ISE does not guarantee accommodation within walking distance of the school or in central Dublin.

• Facilities

Single, twin and multi-bedded room. Washing and cooking facilities for self-catering, high-speed Wi-Fi connection and complete bedding. Our prices include the bills (electricity, gas, water, bins) and free Wi-Fi Internet connection.



Photos are for illustrative purposes only. Accommodation is subject to availability and the allocated room, house, apartment or residence may differ from the photos shown.

ACCOMMODATION

HOMESTAY

Homestays are the best option to experience the culture more deeply and learn more about local people. This is highly recommended for students who want to feel closer to the Irish life style, including home cooking and the opportunity of practicing the language through conversation. The students can also experience living in a very typical environment, which enriches their immersion in the local culture. Families come from a variety of backgrounds from traditional Irish families to modern-day families where both parents work.



• Distance from School

Host Families live in suburbs away from Dublin city centre close to public transport services. It is necessary for all students to travel to school by public transport. We advise all students to expect a journey time of at least 40 minutes.

• Facilities

Single or twin room , Shared family bathroom, Light laundry facilities, Host families also provide 'half board', meaning breakfast and an evening meal, Monday to Friday, and breakfast, small lunch and evening meal on Saturday and Sunday. Special request (dietary, pets, children etc) must be made at the time of the initial booking.

• Tips

- Be open and communicate..
- Attend the family meals.
- Respect the schedule/rules.
- Accept the differences.
- Mind your manners.
- Participate in activities.
- Benefit from daily conversations.
- Be fair and honest when problems arise.



Photos are for illustrative purposes only. Accommodation is subject to availability and the allocated room, house, apartment or residence may differ from the photos shown.





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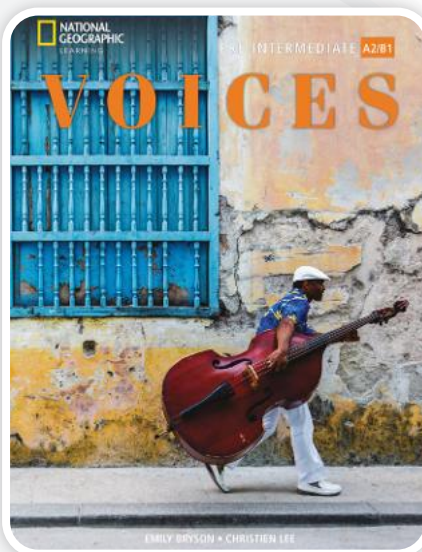
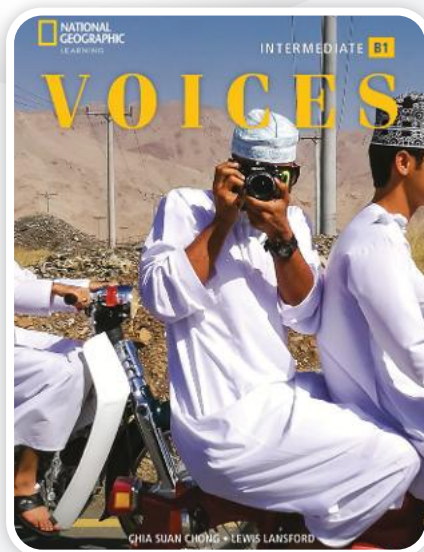
SOCIAL ACTIVITIES

The Social Activities Department devises an exciting social calendar for you to enjoy every month. You will visit Dublin's many places of interest, such as Museums and Art Galleries, as well as beaches and countryside. You will go on tours around the city, and learn about the city's history and culture. Your teacher will take you on class excursions, and the school also offers trips outside of class time for you to enjoy. You will also learn about Irish culture in your class, such as Irish expressions and slang, typical Irish traditions and food, Irish myths and so on. ISE also hosts many parties for you to enjoy, such as Christmas and Easter parties and Talent Show competitions as well! The winner of the last Talent Show won a trip to Madrid. Take part, practise your English and make friends!

PROUD USERS OF



We're proud to be using the Voices series from National Geographic Learning in our programmes. National Geographic Learning aim to bring the world into the classroom and the classroom to life. With Voices, learners use English as a tool for global communication and are encouraged to celebrate connections among people from a wide range of cultures and backgrounds. Carefully sequenced activities featuring real world content fully prepare learners for interaction and guide them to develop their voice in English. With awe-inspiring photography and National Geographic explorers, the series will inspire, motivate and engage students.



**NATIONAL
GEOGRAPHIC**
LEARNING

The Center Island Ferry offers an exceptional view of the Toronto skyline, including the impressive CN Tower.

Destination...here

Text about simple trips, not going abroad

1 A trip that doesn't involve packing for two weeks or finding your passport may not seem like the highlight of your travel agenda, but it can be just as rewarding.

I live in Toronto, Canada's largest city and one of its most popular tourist destinations. And yet, when I'm looking for a way to spend my time off, more often than not I head out of the city.

2 This year I've determined to change that. Why is it I always feel the need to travel hundreds or thousands of miles to explore when I have so much to learn on my doorstep?

3 Want to try it too? Here are five tips to get about seeing your city through new eyes.

1 Take a historical tour.

Sure, you can tell a tourist the names of the buildings or tourist spots in your hometown, but do you know their history? Those hop-on, hop-off bus tours might be meant for tourists, but they're a great way to improve your local history knowledge. Plus, taking note of what visitors find interesting can be fascinating, allowing you to see what might at first seem uninteresting in a whole new light. If there is no tourist bus, try joining a free walking tour. It's a great way of not only discovering things you didn't know about your city, but also meeting new people.

2 Get a room.

Waking up in a hotel or bed and breakfast is a tried-and-tested way to get the mood for exploring.

If you live in a suburb, head into the city. If you live in the city, consider spending a weekend getting to know the nearest town. The added excitement of being away from home for the night will only add to the day's fun.

3 Set a date.

4 There are places I pass on a regular basis in Toronto. Every time, I promise myself that one day I'll check them out. Take it from me: it will never happen without a plan. So pull out your calendar, set a date and keep it.

4 Act like a tourist.

I'm not suggesting you stand in the middle of the street taking selfies, while the locals angrily try to get past, and do pop into the tourist information centre, look out for upcoming events and follow local websites to find out what's on.

5 Take something small and make it bigger.

Your daily wander around the block could turn into a walk around a new neighbourhood. Friday pizza night at home? Why not make it a mission to test out the newest pizzeria in town? You'll be surprised how simple adjustments to your everyday routines can broaden your experiences.

6 Discovering hidden places around you and being a tourist in your own city can not only be fun, but bearing in mind how much travelling can contribute to the climate emergency, it can also help save the planet. So, when planning your next holiday, start first by exploring your hometown!

Search online for interesting things you can do in your town or region that you didn't know about or have never done.

27



4D

Understanding turn-taking styles

LESSON GOALS

- Understand the main turn-taking styles
- Adapt your style to communicate more effectively
- Participate and invite others to participate in a group discussion

- 1 has the most similar conversation style to the one you normally use?
- 2 would you enjoy participating in the most?
- 3 **PAUSE** Look at the infographic on page 55. Then listen again and match the conversations with the three turn-taking styles.
- 4 **Work in pairs.** Discuss the questions.
 - 1 What do you know about the sports in the infographic?
 - 2 How are the three turn-taking styles similar to bowling, basketball and rugby?
 - 3 Which style is the most similar to your own?
 - 4 Does your style sometimes change, depending on the situation?

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ACADEMIC LEARNER PROTECTION POLICY

Approved by ILEP (Interim list of eligible programmes) and in effect since 17th September 2021

It is a requirement of ILEP for recruitment of International students onto English language courses of 25 weeks and over in duration that the schools have an approved protection for enrolled learners (PEL) scheme in place. Working closely with the Department of Justice, ELE Ireland (English Language Education Ireland) has developed and received approval from ILEP for the ELE Ireland Academic Learner Protection Scheme.

The ELE Ireland Academic Learner Protection Scheme is robust, fit for purpose and is currently FREE.

One of the key benefits of the scheme is that it has been developed specifically so as not to disadvantage students in any way or to add additional financial costs to the study experience. Students enrolled in any of the ELE Ireland member schools have access to this academic protection, which ensures that their course of study can be completed in the unlikely event of a PEL event happening in one of the member schools. Should such a PEL event occur, the ELE Ireland PEL Scheme covers the period from when a student begins their programme to the time the student has completed the programme, and the end-of-programme exams.



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